



## JOB DESCRIPTION

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| Position Title | Under 16 Centre of Excellence Coach |
| Reports to     | Centre of Excellence Manager        |
| Department     | Football Operations                 |
| Effective Date | November 2023                       |

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| Key Objectives | <ul style="list-style-type: none"><li>• To support the identification and development of talented players who aspire to become future senior footballers at Sturt Football Club or drafted to the AFL.</li><li>• Coach the Under 16 programs with professionalism, focussing on enhancing both individual and team growth.</li><li>• To provide weekly feedback to players regarding their personal development, emphasising their strengths and areas for improvement</li></ul> |
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### Key Relationships

#### Internal

- Football Manager
- Centre of Excellence Manager
- Sturt Centre of Excellence Coaches and support staff

#### External

- SANFL High Performance Manager & other relevant SANFL staff
- SANFL State Coaching Manager

### Overview of Role

## JOB DESCRIPTION continued

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| Position Title: | Under16 Centre of Excellence Coach |
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The Under 16 Centre of Excellence Coach is responsible for maintaining a program of exceptional quality that enjoys a strong reputation within the community, making it a sought after opportunity for players. The primary objective of this role is to elevate the growth and overall experience of the participating players. The Under 16 Coach is expected to establish and execute a professional program that not only offers players valuable development opportunities but also ensures they are immersed in a highly engaging learning environment. Furthermore, they should instil a deep understanding of the key components of Sturt Football Club game plan in players.

### Key Responsibilities and Job Profile

#### 1. Pre-Season (November – March)

- Plan and implement a training program (two sessions per week) that incorporates football development, working in conjunction with the strength and conditioning coach.
- Be available to travel to Mt Barker Summit Oval one training per week (Tuesday) and Urrbrae High School one training per week (Thursday).
- Coordinate a team of assistant coaches, support staff and ensure the program is organised and meets the standards of the Sturt Football Club.
- Conduct selection meetings with the Centre of Excellence Manager to provide input into the direction of the squad for the upcoming season.
- Attend a player and parent information night in November to outline the program.

#### 2. In-Season (March – September)

- Plan and conduct training twice per week (venues Summit and Unley). Work with support staff to ensure delegation of activities and maximum program output.
- Provide weekly feedback (written and visual) to the team and coordinate individual feedback to players in conjunction with assistant coaches.
- Liaise with the Centre of Excellence Manager and support staff to ensure match day requirements are completed as required.
- Work with assistant coaches to ensure players are receiving constructive feedback throughout matches.

#### 3. Post-Season (September, October)

## **JOB DESCRIPTION continued**

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- Attend the end-of-season presentation night and present awards.
- Schedule post season meetings with all Under 16 players to review season and discuss areas for improvement.
- Attend a post season review meeting with the Centre of Excellence Manager to review season and discuss areas for improvement.

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| <b>Qualifications</b> |
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- Minimum of Level 2 AFL Coach Accreditation